

# Crayford Clinic



CRYSTAL PALACE  
PHYSIO GROUP

@Crayford



Europa Centre  
Vimy Way  
Maiden Lane  
Crayford  
DA1 4NR

## Directions

A fabulous clinic within this brand new gymnastics centre providing state of the art facilities for optimum sports rehabilitation in all sports. Drop off your children for their gym or dancing lesson, have your physiotherapy session with us and then enjoy a cup of coffee in the cafe upstairs. We have three treatment rooms and a rehabilitation area, plus use of the fantastic fitness studio and gym facilities for our specialist rehabilitation sessions.



### By Car

There is free parking at the centre. Please use DA1 4NR for Sat Navs.

If you come from London Road in Crayford, use the middle lane to turn right onto Crayford High Street and then left onto Crayford Way. Continue up to the roundabout, then take the 3rd exit onto Maiden Lane. After 0.2 miles, turn right onto Vimy Way, crossing the gate which will take you to the car park at Europa Gym in front of you.

If you come from Dartford Road, turn onto Maiden Lane, cross the railway bridge at the end of the road, continue straight for 0.3 miles and you will see the Europa Gym on your left hand side. Turn left where the gate is to access to the car Park.



### By Rail

Crayford Railway Station is a 15-20 minute walk or a short taxi ride.

If you are walking then exit Crayford Railway Station, turn left at the station road, walk down the road and turn right at Crayford road. Walk straight ahead and turn left at Maiden Lane. Walk down the road and turn left at Samas Way.



### By Bus

The 96, 428, 492 all stop close by on Crayford Way or Crayford Road.

### On Arrival at Europa Centre gym

Please go to the 1st floor and ask Reception to direct you to the Physiotherapy room. Please take a seat and complete the consent form on the desk and wait for your physiotherapist to call you in for your appointment.



Macro Map



Micro Map

## Contact us now

☎ 020 8778 9050

☎ 020 8659 1501

✉ enquiries@cppg.co.uk

🌐 www.cppg.co.uk